

MealTracker: Streamline nutrition beyond the menu

Navigating the challenges of dietary management in care facilities often requires innovative solutions that streamline operations and enhance resident care. **MealTracker** is a cutting-edge nutrition management software designed to automate nutrition-related tasks and integrate seamlessly with existing EHR systems.



MealTracker's innovative technology can help facilities:



Optimize food cost and menu development

- > Enhance staff productivity and reduce errors through automated tasks
- > Streamline menu planning with access to 4,000+ recipes and one-on-one menu building sessions



Enhance tracking of nutrition needs

- > Identify, treat, and prevent malnutrition quickly with real-time alerts
- > Improve care and compliance by meeting resident nutrition needs efficiently



Maximize PDPM reimbursement

- > Improve compliance with concise and accurate nutritional reports
- > Capture key data with itemized features for enteral feeding, diabetic diets, and malnutrition



Integrate nutrition data from EHRs

- > Save staff up to an hour a day by eliminating redundant data entry
- > Improve accuracy, minimize delays, reduce allergy risks, and monitor weight changes with real-time syncing and data matching

Expert-developed Menu Services feature

Help improve resident satisfaction, streamline production, and reduce waste and food costs with MealTracker's Menu Services feature. It includes menus developed by registered dietitians and offers a four-week menu cycle that can be tailored to meet the diverse dietary needs and preferences of residents.



“One of the advantages is that when the diet order is entered, we have the diet in the kitchen. So, there’s real-time transactions happening versus waiting for that piece of paper to be walked down the hall.”

Kari Robinson, assistant vice president of dietary services, National HealthCare Corporation

MealTracker can help facilities simplify residents' dietary needs and preferences while enhancing overall safety and satisfaction.

Contact us at **866.469.3766** or visit **matrixcare.com/mealtracker** to learn more about how you can transform your nutrition management with MealTracker,